



CLINICAL PSYCHOLOGY	
Enrollment year	2020/2021
Academic year	2022/2023
Regulations	DM270
Academic discipline	M-PSI/08 (CLINICAL PSYCHOLOGY)
Department	DEPARTMENT OF PUBLIC HEALTH, NEUROSCIENCE, EXPERIMENTAL AND FORENSIC MEDICINE
Course	DIETISTIC
Curriculum	PERCORSO COMUNE
Year of study	3°
Period	(01/03/2023 - 16/06/2023)
ECTS	2
Lesson hours	16 lesson hours
Language	Italian
Activity type	WRITTEN AND ORAL TEST
Teacher	ANELLI MATTEO MARIO - 2 ECTS
Prerequisites	
Learning outcomes	The course is intended to provide basic assumptions on eating disorders to assist the dietitian towards a proper diagnosis and a right therapeutic approach
Course contents	<p>The course of Clinical psychology for Dietitians concerns the following topics:</p> <ul style="list-style-type: none">- ED general definitions- ED historical development- Epidemiology diagnosis and clinical description of the main clinical pictures (anorexia, bulimia, binge eating disorder, obesity, atypical ED, age of development ED)- ED Aetiology: individual aspects (genetical, biological, psychological) and collective aspects (familiar, environmental and socio-cultural)

	<ul style="list-style-type: none"> - ED psychodynamics interpretation - ED medical complications - ED development e prognosis - ED therapeutic elements (various therapeutic approaches, intake and taking charge, integrated intervention, hospitalization, psychopharmacology, individual and group psychotherapy, family supportive family psychotherapy)
Teaching methods	<p>On-line lectures</p> <p>Clinical materials videos</p>
Reccomended or required readings	<p>Bibliography for those attending Lectures:</p> <p>R.J. Comer. Fundamentals of Abnormal Psychology. Worth Publishers, New York, 2014. Cap. 9 ED</p> <p>P. Jeammet. Anorexie Boulimie. Le paradoxes de l'adolescence. Hachette, 2004.</p> <p>G. Apfeldorfer. Anorexie boulimie obesité. Flammarion, 1994.</p> <p>R.A. Gordon. Anorexia and bulimia. Anatomy of Social Epidemic. Basic Blackwell Ltd, Oxford, 1990</p> <p>H. Bruch. Conversation with Anorexics. Basic Books, New York, 1988</p> <p>W. Vandereycken, R. van Deth. From Fasting Saints to Anorexic Girls. 1994.</p>
Assessment methods	<p>On-line oral examination</p>
Further information	
Sustainable development goals - Agenda 2030	<p>Sbl legenda sviluppo sostenibile</p>