



DIET THERAPY

Enrollment year	2020/2021
Academic year	2022/2023
Regulations	DM270
Academic discipline	MED/49 (APPLIED DIETARY SCIENCES)
Department	DEPARTMENT OF PUBLIC HEALTH, NEUROSCIENCE, EXPERIMENTAL AND FORENSIC MEDICINE
Course	DIETISTIC
Curriculum	PERCORSO COMUNE
Year of study	3°
Period	(03/10/2022 - 20/01/2023)
ECTS	3
Lesson hours	24 lesson hours
Language	Italian
Activity type	WRITTEN AND ORAL TEST
Teacher	CENA HELLAS (titolare) - 3 ECTS
Prerequisites	An adequate knowledge of dietetics in physiological conditions, of diet therapy as well as the basics of pathology and clinical medicine
Learning outcomes	The course is intended to provide the basis for the treatment of disease by regulation of the diet.
Course contents	<ol style="list-style-type: none">1.deepen the knowledge on the prevalence, pathogenesis, and clinical characteristics of main nutrition related diseases2.learn the risk factors associated with a diet3.acquire specific knowledge for the assessment of nutritional status on target specific population groups related to different pathologies4.acquire basic knowledge of nutritional counselling aimed at preventing or correcting the risk factors related to inappropriate eating behaviors and lifestyle depending on the pathology considered5.know the different dietary approaches acknowledged in scientific

	<p>literature</p> <p>6.identify the most adequate nutritional therapy for different nosological categories within a multidisciplinary integrated treatment project.</p> <p>7.correctly apply the principles of Dietetics and nutrition medical therapy according to the different diagnostic criteria</p>
Teaching methods	<p>Flipped Classroom</p> <p>Case reports</p>
Reccomended or required readings	<p>1. Mahan KL and Escott-Stump S. Krauses's Food & Nutrition Therapy, Saunders Elsevier.</p> <p>2.Updated references provided from time to time</p>
Assessment methods	<p>Oral Examination</p>
Further information	<p>-</p>
Sustainable development goals - Agenda 2030	<p>\$lbl legenda sviluppo sostenibile</p>