



# UNIVERSITÀ DI PAVIA

Anno Accademico 2021/2022

DIET IN PREGNANCY	
Enrollment year	2020/2021
Academic year	2021/2022
Regulations	DM270
Academic discipline	MED/49 (APPLIED DIETARY SCIENCES )
Department	DEPARTMENT OF CLINICAL-SURGICAL, DIAGNOSTIC AND PEDIATRIC SCIENCES
Course	MIDWIFERY
Curriculum	PERCORSO COMUNE
Year of study	2°
Period	2nd semester (01/03/2022 - 30/06/2022)
ECTS	1
Lesson hours	15 lesson hours
Language	Italian
Activity type	WRITTEN TEST
Teacher	CENA HELLAS (titolare) - 1 ECTS
Prerequisites	chemistry and physiology
Learning outcomes	Acquire knowledge in the field of nutrition and in particular in physiological conditions such as pregnancy
Course contents	Nutritional status, nutritional needs, physiological diet, changes in requirements in physiological pregnancy conditions, nutrition as prevention of risk factors in pregnancy
Teaching methods	lectures
Reccomended or required readings	Krause's Food and the Nutrition Care Process
Assessment methods	written test

**Further information**

The course will be held online in compliance with health regulations

**Sustainable development  
goals - Agenda 2030**

[\\$bl legenda sviluppo sostenibile](#)