



### KNOWLEDGE AND BEHAVIOUR THERAPY

Enrollment year	2019/2020
Academic year	2021/2022
Regulations	DM270
Academic discipline	MED/25 (PSYCHIATRY)
Department	DEPARTMENT OF BRAIN AND BEHAVIORAL SCIENCES
Course	PSYCHIATRIC REHABILITATION TECHNIQUES
Curriculum	PERCORSO COMUNE
Year of study	3°
Period	1st semester (04/10/2021 - 21/01/2022)
ECTS	2
Lesson hours	16 lesson hours
Language	Italian
Activity type	WRITTEN AND ORAL TEST
Teacher	BRONDINO NATASCIA (titolare) - 2 ECTS
Prerequisites	having passed first two years clinical internship
Learning outcomes	The student should know the main cognitive and behavioral techniques for the management of the patient's anxiety, depression and psychotic aspects.
Course contents	Introduction to cognitivism and to the main cognitive-behavioral techniques The ABC technique Anxiety disorders Obsessive-compulsive disorder Depressive disorders Psychosis
Teaching methods	Lectures, clinical examples

**Recommeneded or required  
readings**





Oral, discussion of a clinical case



Oral, discussion of a clinical case





